| INFORMATION SUR LA PRESENCE D'ALLERGENE (INCO) | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Produits contenant des allergènes | ***14 Allergènes à déclaration obligatoire*** | | | | | | | | | | | | | |
| | ***Gluten / blé*** | ***Crustacés*** | ***Œufs*** | ***Poisson*** | ***Arachide/ cacahuètes*** | ***Soja*** | ***Lait*** | ***Fruit à coque*** | ***céleri*** | ***Moutarde*** | ***Sésame*** | ***Sulfites*** | ***Lupin*** | ***Mollusques*** |
| Accra de morue | √ | | | √ | **Trace possible** | | | **Trace possible** | | | | | | |
| Bagel avocat saumon | √ | | √ | √ | **Trace possible** | | √ | √ | | | √ | | | |
| Bagel italien | | √ | | √ | **Trace possible** | | √ | √ | | | √ | | | |
| Cake du moment à partager | √ | | √ | | | | √ | | | | | | | |
| Canapé bleu et noix | √ | | √ | | **Trace possible** | | √ | √ | | | | | | |
| Canapé fromage blanc au concombre | | √ | | √ | **Trace possible** | | | | | | | | | |
| Canapé mousse curry et crevette | √ | √ | √ | | **Trace possible** | | √ | | | | | | | |
| Canapé mousse spigol et chorizo | √ | | √ | | **Trace possible** | | √ | √ | | | | | | |

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| Canapé tapenade | √ | | √ | | √ | | | √ | | | | | | |
| Carpaccio de bœuf au parmesan | | | | | | | √ | | | | | | | |
| Carpaccio st jacques séchée aux agrumes | | | | | | √ | | | | | | | | √ |
| Caviar d'aubergine à la mousse de chèvre | | | | | | | √ | | | | | | | |
| Charcuterie chiffonnade | | | | | | | | | | | | | | |
| Choux asperge pecorino | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |
| Choux crème | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |
| Comme une tarte au pomme | | | | | | | | | | | | | | |
| Crème brûlée ( vanille ou chartreuse ) | | | √ | | | | √ | | | | | | | |
| Crème brûlée au foie gras | | | √ | | | | √ | | | | | | | |

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| Cromesquis fromage du moment | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Croque jambon dinde | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Croque jambon truffé | √ | | | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Croque monsieur | √ | | | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Croustillant de crevette | √ | √ | √ | √ | **Trace possible** | | | **Trace possible** | | | | | √ |
| Croustillant escargot | √ | | √ | | **Trace possible** | | | **Trace possible** | | | | | |
| Crumble au fromage et ses mousses chèvre et miel | √ | | | | | | √ | √ | | | | | |
| Crumble niçois à la mousse de chèvre | √ | | | | | | √ | √ | | | | | |
| Cube avocat et saumon fumé | √ | | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | |
| Dôme mousse basilic, tartare tomate | √ | | | | **Trace possible** | | √ | **Trace possible** | | √ | | | |

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| Duo de tartare de saumon à l'aneth et st jacques | | √ | | √ | | | | | | | | | √ |
| Éclair à la mousse de thon | √ | | √ | √ | **Trace possible** | | | **Trace possible** | | | | | |
| Éclair carpaccio de st jacques, fondu de poireaux | √ | √ | √ | | **Trace possible** | | | **Trace possible** | | | | | √ |
| Feuilleté divers | √ | √ | √ | √ | | | | | | √ | | | √ |
| Finger au saumon et légumes croquants | √ | √ | √ | √ | | | √ | | | | √ | | |
| Gaspacho tomate | | | | | | | | | | | | | |
| Gaufre magret fumé, purée d'asperge | √ | | √ | | | | √ | | | | √ | | |
| Lamelle saumoner Gravlax | √ | | | √ | | √ | | √ | | | | | |
| Macaron | | | √ | | **Trace possible** | | | √ | | | | | |
| Macaron chèvre thym | | | √ | | **Trace possible** | | √ | √ | | | | | |

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| Macaron foie gras | | | √ | | **Trace possible** | | √ | √ | | | | | |
| Melon et jambon cru | | | | | | | | | | | | | |
| Mille feuille st jacques séchée aux agrumes | √ | √ | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | √ |
| Mini arancini du moment | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini burger | √ | | | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini cannelé | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini éclair ( chocolat ou café ) | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini tartelette ( citron ou chocolat ) | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini tartelette ( mojito ou choco praliné ) | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Mini tartelette au fruit du moment | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |

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| Mousse au chocolat | | | √ | | | | √ | | | | | | |
| Mousse avocat, coulis de betterave | | | | | | | √ | √ | | | | | |
| Muffin aux olives | √ | | √ | | | | √ | | | | | | |
| Navette à la rillettes | √ | | √ | √ | **Trace possible** | | √ | **Trace possible** | | √ | | | |
| Navette à la rillettes de poisson | √ | √ | √ | √ | **Trace possible** | | | **Trace possible** | | √ | | | |
| Navette ail et fine herbe | √ | | √ | | **Trace possible** | | √ | **Trace possible** | √ | | | | |
| Navette au jambon cru | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | √ | |
| Navette au poulet épicé | √ | | √ | | **Trace possible** | | | **Trace possible** | | √ | | | |
| Navette au saumon fumé | √ | | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | |
| Navette façon bagnat | √ | | √ | √ | **Trace possible** | | | **Trace possible** | | √ | | | |

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| Navette reblochon jambon cru | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |
| Navette tomate confite et fromage frais | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |
| Pain surprise charcuterie | √ | | | | | | √ | | | | | | | |
| Pain surprise saumon fumé et rillettes de poisson | √ | √ | | √ | | | | | | | | | | √ |
| Palmier feuilleté au chorizo | √ | | | | | | | | | | | √ | | |
| Pana cotta au foie gras | | | √ | | | | √ | | | | | √ | | |
| Pana cotta aux fruit rouges | | | √ | | | | √ | | | | | | | |
| Pana cotta betterave mousse vinaigre framboise | | | √ | | | | √ | √ | | | | | | |
| Panier feuilleté aux lègumes du soleil | √ | | √ | | | | | | | | | | | |
| Pâté lorrain | √ | | √ | | | | √ | | | | | | | |

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| Perle marine | √ | √ | √ | √ | **Trace possible** | √ | | **Trace possible** | √ | | | | | √ |
| Petit pot maison à tartinés ou à tremper | | | | | | | √ | | | | | | | |
| Petit pot maison anchoïade | | √ | | √ | | | | | | | | | | |
| Petit pot maison fromage blanc au cumin | | | | | | | √ | | | | | | | |
| Petit pot maison houmous betterave | | | | | | | √ | | | √ | | | | |
| petit pot maison mayonnaise nature ou pesto | | | √ | | | | | | | √ | | | | |
| Petit pot maison piperade | | | | | | | | | | | | | | |
| Petit pot maison tapenade | | | | | | | | | | | | | | |
| Petit pot maison tzatziki | | | | | | | √ | | | | | | | |
| Pique fromage sec fermier | | | | | | | √ | | | | | | | |

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| Pizzas au jambon | √ | | | | | | √ | | | | | | |
| Plaque brownie noix | √ | | √ | | | | √ | √ | | | | | |
| Plaque de pizzas jambon ou lègumes | √ | | | | | | √ | | | | | | |
| Plaque de quiche asperge | √ | | √ | | | | √ | | | | | | |
| Plaque de quiche épinard, saumon | √ | | √ | √ | | | √ | | | | | | |
| Plaque de quiche lorraine | √ | | √ | | | | √ | | | | | | |
| Plaque de tarte crème d'amande poire | √ | | √ | | | | √ | √ | | | | | |
| Plaque de tarte fine aux pommes | √ | | √ | | | | √ | | | | | | |
| Plaque pissaladière | √ | | | √ | | | | | | | | | |
| Pyramide de chèvre brunoise de ratatouille | | | | | | | √ | | | | | | |

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| Pyramide estragon, tzatziki | | | | | | | √ | √ | | | | | | |
| Quiche au saumon | √ | | √ | √ | | | √ | | | | | | | |
| Quiche aux asperges | √ | | √ | | | | √ | | | | | | | |
| Quiche lorraine | √ | | √ | | | | √ | | | | | | | |
| Quinoa aux lègumes | | | | | √ | | | √ | | | | | | |
| Raisin, fromage | | | | | | | √ | | | | | | | |
| Salade de fruit frais | | | | | | | | | | | | | | |
| Soupe froide carotte au cumin | | | | | | | √ | √ | | | | | | |
| Tartelette oeuf de caille | √ | | √ | | **Trace possible** | | | **Trace possible** | | √ | | | | |
| Tartelette poire et gorgonzola | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |

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| Tartelette queue d'écrevisse | √ | √ | √ | | **Trace possible** | | | **Trace possible** | | √ | | | |
| Tartelette tomate mozza | √ | | | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Tiramisu | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | |
| Tiramisu gambas | √ | √ | √ | √ | √ | √ | √ | √ | | √ | | | √ |
| tomate et bille de mozzarella | | | | | | | √ | | | | | | |
| Tourte homard farce fine lègumes | √ | √ | √ | √ | | | √ | | | | | | |
| tourte volaille asperge | √ | | √ | | | | √ | | | | | | |
| Triangle suédois saumon et fromage blanc | √ | | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | |
| Velours de courgette mousse à la menthe | | | | | | | √ | √ | | | | | |
| Vol au vent au pétoncle | √ | √ | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | √ |

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| Wrap chili | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | √ | | | | |
| Wrap crudités | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | | | | | |
| Wrap poireaux, jambon | √ | | √ | | **Trace possible** | | √ | **Trace possible** | | √ | | | | |
| Wrap poireaux, saumon | √ | | √ | √ | **Trace possible** | | √ | **Trace possible** | | | | | | |